

# Get Vaccinated. Stop the Pandemic. Save Lives!



## WHY IS IT IMPORTANT TO GET VACCINATED FOR COVID-19?

- It will help you keep your residents, family members, and co-workers safe.
- It will also help keep you from getting sick or seriously ill from COVID-19.
- This vaccine will help stop the pandemic.

## HOW DO I KNOW THIS VACCINE IS SAFE?

- The vaccines have been heavily tested in over 60,000 people and trial data rigorously examined.
- Most adverse events to vaccines, although rare, occur within a few weeks to months.
- The clinical trials for both vaccines involved over 70,000 people who were followed two months after the second dose.

## ARE THERE SIDE EFFECTS?

- Some people will experience symptoms that mimic COVID-19, but most are minimal and last only one or two days. This shows the vaccine is working and your body is building protection.
- You may experience:
  - Pain, swelling, or redness at the injection site.
  - General symptoms up to two days after injection such as fever, chills, fatigue, muscle or joint pain, or headaches.
- Most symptoms can be managed with acetaminophen or ibuprofen (Tylenol or Advil). If you experience more severe side effects, please contact your physician.

## DO THESE VACCINES CAUSE ALLERGIC REACTIONS?

- Anaphylactic reactions have been reported in a small number of people who have taken the Pfizer vaccine. We are still learning more about what is causing these rare but serious reactions. Once vaccinated, you will be monitored for 15 to 30 minutes to ensure you do not experience this reaction.
- If you have a history of anaphylactic allergic reactions, talk to your doctor or pharmacist before receiving the vaccine. Seasonal allergies, pet allergies, etc. that do not cause anaphylaxis are not associated with allergies to this vaccine.

## DO THESE VACCINES AFFECT FERTILITY IN FEMALES?

- No. A rumor was started on social media that falsely claims this vaccine causes infertility. There is no known link between the vaccine and infertility. In fact, 12 women in the Pfizer vaccine trial and six in the Moderna vaccine trial became pregnant after being vaccinated. This is the same rate as those who received the placebo in the trials. Also, women who have recovered from COVID-19 and developed the same antibodies your body makes after the vaccine have become pregnant, too.

## DO I STILL HAVE TO WEAR PPE AFTER GETTING THE VACCINE?

- You should continue to take all necessary precautions after getting the vaccine, including wearing personal protective equipment and conducting regular testing. This will continue to keep residents and staff safe.